Vermont Recovery Residences: Integrating Loss of Residency Beds into the SUD Continuum of Care

Utilizing the Public Inebriate Program

#### Just the facts...

Most Recovery residences have a **zero-tolerance** policy surrounding relapse

- > There are over **80 beds** in Chittenden County that use such a policy
- The current number of beds available in recovery residences can only house 2% of the state's people with SUD. The rate of SUD in Vermont is the fourth highest in the nation
- ► The **relapse rate** for people with SUD is between **40 to 60 percent**
- In Vermont, during 2017 there were 124 all drug-related fatalities

# **Recovery Residences**

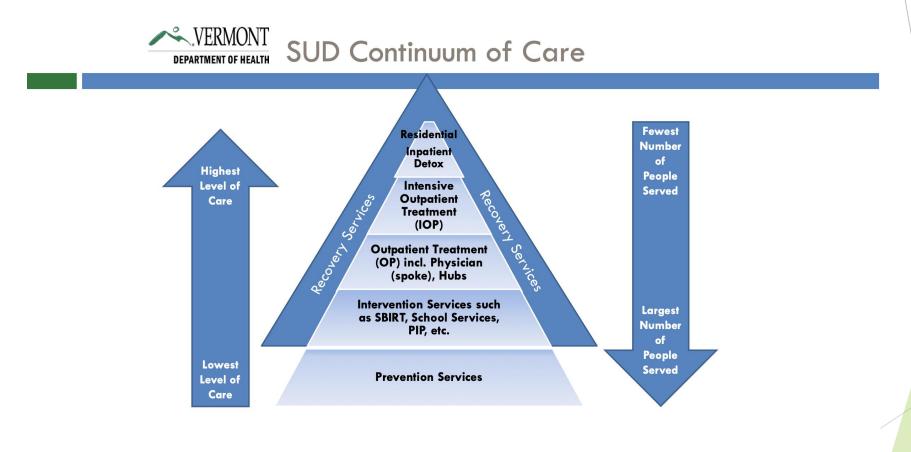
#### **Abstinence Based**

- Recovery residences currently have a zero tolerance policy towards relapses
- Peer-run on recovery norms of the past
  - Recovery Coaching model
- Residents are asked to leave with little crisis support or future individualized treatment plan
- These policies are set up to ensure a safe environment at the residence but can:
  - Put the safety of the community and resident experiencing a relapse at risk

#### Continuum of Care Model

- Utilizing the Vermont's current SUD Continuum of Care by including the PIP we can:
  - Ensure the safety of not just the residence, but the community and the person who has relapsed
  - Decrease state spending on those with SUD
  - Would effectively include recovery residences into § 4807 in Vermont Statute Title 18: Health Chapter 94: Substance Use Disorders

## Vermont's Current SUD Continuum of Care



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25

# Utilizing Vermont's SUD Continuum of Care

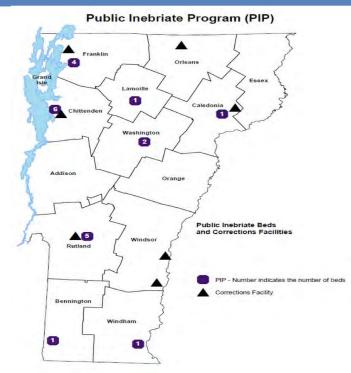
See Handout #1: Revisions to Title 18: Health Chapter 94: Substance Use Disorders

By changing the State Statute Surrounding Substance Use Disorders we can:

- Use PIP beds to give residents at these homes 24-hours away from the residence
- Utilize existing services and the current SUD Continuum of Care to give people in recovery the best chance at continued recovery
- Reduce state spending in the long run
- Reduce social problems like crime
- Reduce the pain of watching a person endure more hardship and even save lives

#### Let us be the leaders...

VERMONT Public Inebriate Program (PIP)



Public Inebriate services are emergency services for those under the influence of substances. They provide a screening and referral service and may provide an alternative to placing the person in a corrections bed for the night.

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## How is this possible?

See Handout #2: Standard Procedure for Relapses at a Recovery Residence

- By using this Procedure in accordance with the requested revisions to State Statute we can:
  - Create an easy procedure to navigate the SUD Continuum of Care for:
    - Representatives at recovery residences; peer and professional
    - PIP and DOC workers at the facilities
    - ► IOP clinicians
    - Residential treatment aftercare specialists
    - Clinicians at Hubs and Workers at Spokes
    - ▶ FSU Officers, Probation and Parole Officers, and Federal Probation Officers

### References

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